

# SPOKANE VALLEY UNITED METHODIST CHURCH

March 8<sup>th</sup>, 2026 – Third Sunday In Lent – *Renewed in Mercy* Lenten Series

*Thank you for joining us for worship today! We invite you to sign in on our attendance pads which will be passed out during the Choir Hymn. (\* indicates "Please rise in body or spirit")*

## Gathering Music

### Welcome & Announcements

Pastor Alissa

### \*Call to Worship

Riley Price

Come, let us worship God!

**Let us make a joyful noise to the rock of our salvation!**

Come, let us worship our Shepherd!

**We are the sheep of God's pasture, and we follow where God leads us.**

Come, let us open our hearts!

**We receive God's love poured into our hearts through the Spirit.**

Come, let us worship God, the rock of our salvation!

**Let us worship God, whose mercy guides and sustains us on the path of new life!**

### \*Opening Hymn

"Sing Praise to God Who Reigns Above" – UMH #126

### Antiphonal Psalm of Confession – Psalm 95

Pastor Alissa

Come, let us sing, let us shout for joy!

### Traditional Choir

"Christ Be My Song" (Dudley-Smith/Hopson)

Betsy Pletscher

### \*Greeting Time & "Come Let's Join & Be Transformed"

The Parlanes

*At this time, Elementary-aged kids (1<sup>st</sup>-5<sup>th</sup> grade) are invited to meet our Sunday School teachers in the back if they would like to participate in Sunday School.*

### Epistle Reading

Romans 5:1-11 (NRSVA)

Robin Gregory

### Message

"Companion for the Journey"

Pastor Alissa

### \*Hymn of Response

"Let Us Plead for Faith Alone" – UMH #385

### Invitation to the Offering

### Offertory

#### \*Doxology

UMH #95

#### \*Offering Prayer

### Pastoral Prayer & The Lord's Prayer

Pastor Alissa

**Our Father, who art in heaven, hallowed be thy name.**

**Thy kingdom come, thy will be done, on earth as it is in heaven.**

**Give us this day our daily bread, and forgive us our trespasses,  
as we forgive those who trespass against us.**

**And lead us not into temptation, but deliver us from evil,**

**for thine is the kingdom, and the power and the glory forever. Amen.**

### \*Closing Hymn

"We Walk by Faith" – TFWS #2196 (vs. 1-4)

### \*Sending Forth

Pastor Alissa

### Sending Forth Music

Zachary Bjurstrom

# STAFF

## Pastor

Rev. Alissa Amestoy  
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## Hospitality Director

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## Church Secretary

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## Director of Music

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## Technical Ministries

### Co-coordinators

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## Missionary to Nepal

Katherine Parker

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### Office Hours:

8 am – 11:30 am M-Th

8 am – 2 pm F

Email: secretary@  
spokanevalleychurch.org

# SUNDAY NEWS

## March 8

9:00 am	Worship	Sanctuary
9:00 am	Children's Sunday School	Room 210
9:00 am	Nursery	Nursery

## NEWS AND ANNOUNCEMENTS

**This month at the Connect Desk**, we're collecting food items for Partners INW, including bring applesauce, fruit cups, fruit snacks, fruit rollups, ramen, cup of noodles, oatmeal, cereal, mac & cheese, canned soup, canned fruit, canned beans, canned chili, canned meat (span, tuna, etc.) (Please ensure canned food items have pop tops for ease of access).

**Esther Circle is hosting a program** by the Spokane Valley Fire Department on Tuesday, March 10 at 1 PM in Room 115. The program will be regarding safety around the home, fire prevention tips, and more. To RSVP, contact Shirley Porter at 509-951-9027.

**Contemplative Lenten Worship** Join us at 7 PM on Wednesdays throughout the season of Lent for a contemplative worship experience focused on encountering God's mercy with a fresh perspective. A free soup/bread/salad meal offered at 6 PM with gluten free and vegetarian/vegan options available.

**Opportunities to support Camp Twinlow** On March 15 we will welcome Tyler Rauhauser, Twinlow Camp Director, to offer our Ministry that Matters Moment. Twinlow Camp is one of the four United Methodist Church camps in the Pacific Northwest and one with whom we have had a long relationship of support. Many of our kids have attended camp there during the summer and a few have even served on staff. Twinlow is in a season of rebuilding their ministry and are seeking to deepen their connection to the local church. There are several ways to get involved: 1) Virtually attend their next board meeting via Zoom on March 9 at 6:30pm (contact our church secretary for the link). 2) Attend worship on March 15 and learn more from Tyler about what is happening at camp. 3) Consider serving on the Twinlow Board. We have been invited to submit the names of a few folks who are eager to spread the word about Twinlow and help it reach another generation of young disciples. If you're interested, please let Pastor Alissa know. To learn more about the camp, visit: [www.twinlow.org](http://www.twinlow.org).

*Spokane Valley United Methodist Church is here to invite people to follow Jesus, love others, and transform the greater community through the grace of God.*

*Love is the Spirit at Spokane Valley UMC – we are a weapons-free and drug-free community. Thank you for abiding by this policy and helping to make our church a safe space for all.*

# THIS WEEK

## 3/9 Monday

9:30 am Shirley's Group  
10:00 am Walkers  
10:00 am Prayer Shawl & Lap Blanket Ministry  
2:00 pm Nancy Larson's Group  
6:30 pm Trustees

## 3/10 Tuesday

9:00 am Huddle  
1:00 pm Esther Circle

## 3/11 Wednesday

9:30 am Disciple 3  
10:00 am Walkers  
7:00 pm Lenten Contemplative Worship Service (Chapel)

## 3/12 Thursday

9:00 am Thursday Crew  
11:00 am Rachel Circle  
1:00 pm Lois' Group

## 3/14 Saturday

10:00 am Choir Practice

## 3/15 Sunday

9:00 am Traditional Service  
Liturgist: Nancy Moore  
10:00 am Coffee Chat UWF  
10:30 am Adult Sunday School

*If you have a prayer request for our Prayer Team, fill our one of the cards in the pews and either place it in the plate on the back table or pass it to an usher when they come by during the choir anthem.*

